

# DIT University Event Report 2022-23

## SDG 3



United Nations' Sustainable Development Goals (SDG) promote the notion 'Ensure healthy lives and promote well-being for all at all ages' through SDG 3. Good Health is essential to render any service to society and humanity. It is the very basic requirement of individual and irrespective of persons at any level in society must get access to quality health care services, sufficient and necessary education to promote awareness about health. In addition to that, clean environment, purity in resources, hygienic work environment are essential for achieving this goal. DIT University is committed to achieve this goal by providing necessary education, free access of healthcare services, awareness campaign and collaborative research work with Government and Non-Government agencies.

June 19, 2021

## POLICY ON HEALTH CONSCIOUS

### **PREAMBLE:**

DIT University lays emphasis on Health for all quotation and promote various special educative programs and policies in placed towards promoting various Health Campaign & Awareness in its campus.

### **SCOPE:**

The Health Policy for all programs for DIT University covers all students, faculties & staffs apart from other campus visitors.

Procedure in place: Any policy has to be outcome based and accordingly a well lied policy with procedure covers conducting of various campaign on the following:

1. Evil of smoking
2. Drug free campus
3. Tobacco free campus
4. Alcohol free campus
5. Fitness & Health

To promote the above action DIT will conduct various awareness program and campaign during every Academic year involving students and faculty.

Specific club or promoted for the active participation of students and effective implementation of the program on a voluntary basis.

Further, DIT University will have appropriate play cards and informative signboards across the campus.

The Policy primarily adaptive & voluntary in nature and it encourages every student & faculty to be health conscious not just self but also their campus committee.



*Kuhag*

Registrar

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## **University access to Mental Health Support**

DIT University organized several events related to mental health supports to the student and staff members. An infirmary has been established from day early of the starting university which provides basic and fundamental mental health access to the students and staffs. DIT University is having dedicated post of student counsellor to deal with all mental health and psychological issues of students.

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## The Medical facilities offered by Human Resource Department

University provides following benefits for employees:

- Health Insurance covered up to 2L
- Accidental Insurance covered up to 5L
- Facility of the in-house infirmary with a tie-up with a professionally run company called as Blue Circle. Under this facility, there is a 24-hour nurse facility and a doctor is available during the day time. This facility helps employees to cater to their immediate medical needs and first aid.
- University has tie up with nearest Super speciality hospital where all staffs receive rebate in Medical consultation and Tests.
- More details can be found [here: https://www.dituniversity.edu.in/our-facilities](https://www.dituniversity.edu.in/our-facilities)

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<b>Name of the Event Coordinator/Convenor:</b> Mr. Abhishek Sarkar	<b>Name of the Event:</b> Training program for Non-Teaching Staff
<b>Name of the Collaborator (if any) :</b>	<b>Name of The Resource Person (Multi entry in case of more than one resource) :</b>
<b>Start Date and End Date :</b> 15 <sup>th</sup> December, 2023	<b>No. of Participant (Students and Faculty) :</b> 31

## DETAILS ABOUT THE EVENT:

Event Description
<p><b>Relevance with SDG3: Good health and well-being:</b> DIT University arranges training and counselling sessions to improve work environment by listening, discussing and acting upon the issues of staffs to enhance work culture.</p> <p><b>Brief text with introduction, event details, content and outcome:</b></p> <p><b>Program:</b> Training program for Non-Teaching Staff</p> <p><b>Topic:</b> Empathy- Discipline, Diligence, and Service with a Smile</p> <p><b>Trainer:</b> Dr. Monika Srivastava</p> <p><b>Organized by:</b> CDC Department, DIT University</p> <p>This report provides an overview of the training program titled "Empathy- Discipline, Diligence, and Service with a Smile" delivered on December 15, 2023, to the non-teaching staff of DIT University. The program was organized by the CDC department and aimed to equip participants with skills and insights to enhance their interactions with students and colleagues.</p> <p>The training program aimed to achieve the following objectives:</p> <ul style="list-style-type: none"> <li>• Enhance the understanding of empathy as a crucial value in non-teaching staff interactions with students, faculty, and colleagues.</li> <li>• Promote a culture of discipline, diligence, and professionalism among non-teaching staff.</li> <li>• Equip participants with practical skills to provide excellent service with a smile in all their interactions.</li> <li>• Foster a positive and supportive work environment at DIT University.</li> </ul> <p><b>Geotagged photograph of the event.</b></p>

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# DIT University Event Report 2022-23

<b>Name of the Event Coordinator/Convenor:</b> Dr. Naveen Singhal	<b>Name of the Event:</b> Bicycle rally for Mission Life Initiative of Govt. of India
<b>Name of the Collaborator (if any) :</b> Dehradun Municipal corporation	<b>Name of The Resource Person (Multi entry in case of more than one resource) :</b> Dr. Naveen Singhal
<b>Start Date and End Date :</b> 03 <sup>rd</sup> June, 2023	<b>No. of Participant (Students and Faculty) :</b> 55

### DETAILS ABOUT THE EVENT:

Event Description
<p><b>Relevance with SDG3: Good health and well-being:</b> DIT University encourages students and staffs to participate in National Mission aligned with health to remain happy and motivated always</p> <p><b>Brief text with introduction, event details, content and outcome:</b></p> <p>DIT University actively supports the mental health and well-being of its staff by promoting physical activity and community engagement through initiatives like organizing cycle rallies with Dehradun Municipal Corporation on the day of world Bicycle Day fr promoting good health. By encouraging staff members to participate in these events together, the university fosters a sense of camaraderie, reduces stress, and promotes a healthy work-life balance. Such activities not only improve physical fitness but also provide opportunities for staff to connect, unwind, and rejuvenate, ultimately contributing to a positive, supportive work environment.</p> <p><a href="https://x.com/DdnNagarnigam/status/1665230228900159488?t=4LOB2zBPXjVdaGKcBAUWw&amp;s=08">https://x.com/DdnNagarnigam/status/1665230228900159488?t=4LOB2zBPXjVdaGKcBAUWw&amp;s=08</a></p> <p><b>Geotagged photograph of the event.</b></p>

# DIT University Event Report 2022-23



# DIT University Event Report 2022-23

<b>Name of the Event Coordinator/Convenor:</b> Mr. Vaibhav Mehta	<b>Name of the Event:</b> Christmas Celebration
<b>Name of the Collaborator (if any) :</b>	<b>Name of The Resource Person (Multi entry in case of more than one resource) :</b>
<b>Start Date and End Date :</b> 25 <sup>th</sup> December, 2023	<b>No. of Participant (Students and Faculty) :</b> 301

**DETAILS ABOUT THE EVENT:**

Event Description
<p><b><u>Relevance with SDG3: Good health and well-being:</u></b> DIT University celebrates events and festivals with all staffs and students to promote work culture, enhance cohesiveness, bonding and enhance work culture ethics.</p> <p><b>Brief text with introduction, event details, content and outcome:</b></p> <p>DIT University supports the mental health and well-being of its staff by encouraging participation in Christmas celebrations, fostering a sense of joy, unity, and togetherness. By creating a festive atmosphere, the university provides staff members an opportunity to relax, unwind, and connect with colleagues in a cheerful setting. These celebrations promote emotional well-being by encouraging positive interactions and reducing workplace stress. Through such inclusive events, DIT University enhances the overall morale of its staff, contributing to a healthy, supportive, and balanced work environment.</p> <p><b>Geotagged photograph of the event.</b></p>

# DIT University Event Report 2022-23



# DIT University Event Report 2022-23

<b>Name of the Event Coordinator/Convenor:</b> Dr. Naveen Singhal	<b>Name of the Event:</b> Holi Celebration
<b>Name of the Collaborator (if any) :</b>	<b>Name of The Resource Person (Multi entry in case of more than one resource) :</b>
<b>Start Date and End Date :</b> 07 <sup>th</sup> March, 2023	<b>No. of Participant (Students and Faculty) :</b> 252

**DETAILS ABOUT THE EVENT:**

Event Description
<p><b><u>Relevance with SDG3: Good health and well-being:</u></b> DIT University celebrates events and festivals with all staffs and students to promote work culture, enhance cohesiveness, bonding and enhance work culture ethics.</p> <p><b>Brief text with introduction, event details, content and outcome:</b></p> <p>DIT University actively supports the mental health and well-being of its staff by encouraging participation in Holi celebrations. The vibrant and joyful festival provides an opportunity for staff members to unwind, express happiness, and strengthen interpersonal connections in a fun and relaxed environment. By promoting such cultural celebrations, the university fosters a sense of belonging and emotional upliftment, helping to reduce stress and enhance workplace morale. These celebrations encourage social interaction, build a strong sense of community, and contribute to a more supportive and mentally healthy work environment.</p> <p><b>Geotagged photograph of the event.</b></p>

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**OFFICE OF THE REGISTRAR  
OFFICE ORDER**



Ref: REG/14/079/03/2023/009

March 06, 2023

**Subject: Holi Celebration 2023**

The undersigned is directed to convey that the Holi Festival will be celebrated at 3:00 PM on March 07, 2023 (Tuesday) at Chanakya Main Lawn near parking area as per the programme. All are requested to actively participate. All activities of the University will remain suspended after 3:00 PM. However, it shall be ensured that essential services are not disrupted. This is issued with the approval of the Competent Authority.



To:  
• All Faculty & Staff members

- Copy for information to:**
- Hon'ble Chairman
  - Hon'ble Chancellor
  - Hon'ble Pro Vice Chancellor
  - HR Department
  - Finance Department

Established vide Uttarakhand Act No. 19 of 2013  
Recognized by UGC under Section 20(1) of the UGC Act, 1956

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# DIT University Event Report 2022-23

<b>Name of the Event Coordinator/Convenor:</b> HR Department, DIT University	<b>Name of the Event:</b> Teachers' Day
<b>Name of the Collaborator (if any) :</b>	<b>Name of The Resource Person (Multi entry in case of more than one resource) :</b>
<b>Start Date and End Date :</b> 05 <sup>th</sup> September, 2023	<b>No. of Participant (Students and Faculty) :</b> 258

**DETAILS ABOUT THE EVENT:**

Event Description
<p><b>Relevance with SDG3: Good health and well-being:</b> DIT University recognizes contributions made by its each employee with rewards and recognition that enhances institutional bonding, cohesiveness and healthy work culture</p> <p><b>Brief text with introduction, event details, content and outcome:</b></p> <p>DIT University supports the mental health and well-being of its staff by recognizing their long-term contributions through awards and appreciation programs. The university honors teaching and non-teaching staff who have served for 5, 10, 15, 20, and 25 years with Long Service Awards, acknowledging their dedication and commitment. Additionally, DIT University motivates its academic community by presenting Best Teacher and Best Researcher awards, celebrating excellence in education and research. These initiatives not only boost staff morale but also create a culture of appreciation, fostering a positive, motivated, and mentally healthy work environment where employees feel valued and supported in their professional growth.</p> <p><b>Geotagged photograph of the event.</b></p> 

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# 3 GOOD HEALTH AND WELL BEING

